



1311 Strawberry Square  
Harrisburg, PA 17120

## **BUREAU OF MANAGED CARE**

### **QUARTERLY REPORT INSTRUCTIONS**

#### GENERAL INFORMATION

Pennsylvania law (40 P.S. §§ 991.2111(13), 991.2164.14, 991.2181) and regulations ([28 Pa. Code §9.604](#)) require that an insurer and an MA or CHIP managed care plan submit a quarterly report of certain activities within 45 days following the close of the preceding calendar quarter to the Insurance Department's Bureau of Managed Care.

Please refer to 40 P.S. §991.2102 and [28 Pa. Code §9.602](#) for definitions of terms.

The information submitted to the Department subject to 40 P.S. § 991.2181.1 will be held confidentially. Additionally, if the data to be submitted is proprietary and confidential, it should be marked and designated as such when submitted to the Department. This will allow the Department (for records not subject to 40 P.S. § 991.2181.1) to exclude the data from any request made pursuant to the Commonwealth's Right-to-Know Law as it would be exempt from disclosure pursuant to 65 P.S. § 67.708(b)(11). The Department would not provide this information in response to a RTKL request, and if the denial were appealed to the Office of Open Records (OOR), the Department would expect that the insurer or MA or CHIP managed care plan would be joined as a necessary third party to the appeal, and the insurer or MA or CHIP managed care plan would have the burden to demonstrate to the OOR in any appeal that the data and information is truly trade secret or confidential proprietary information.

Each Quarterly Report Form should be filled out by each Company (according to NAIC CoCode not Group number) reporting all lines of business offered by that Company. For data elements that are not applicable because they are not offered by the Company, enter 0 for numerical inputs and N/A for non-numerical input.

Note that the Department is seeking enrollment data for all lines of business under the NAIC CoCode including fully-insured commercial business, self-funded business, Medicare Supplement, and Medicare Advantage products to understand insurance market distribution. Other data elements are not required to be reported for these lines of business/products.

REPORT SUBMISSION

When preparing the Quarterly Report, make sure documents are properly labeled. In addition to the Quarterly Report form, provide a cover page listing each section and corresponding attachment(s). Please do not alter the contents or tables in the Quarterly Report Form template.

Quarterly Reports with attachments must be received by the Bureau of Managed Care on or before the following dates:

For Q1 – January 1 – March 31	May 15
For Q2 – April 1 – June 30	August 15
For Q3 – July 1 – September 30	November 15
For Q4 – October 1 – December 31	February 15

Submit the Quarterly Report using the SharePoint link provided by the Bureau of Managed Care. If you did not receive a SharePoint link for your company, please submit an email request with the subject: “SharePoint - Report Submission Request” to:

[RA-INBURMNGDCAREPRDR@pa.gov](mailto:RA-INBURMNGDCAREPRDR@pa.gov).

If you are unable to submit via SharePoint, please make arrangements to provide the filing through other means by contacting: [RA-INBURMNGDCAREPRDR@pa.gov](mailto:RA-INBURMNGDCAREPRDR@pa.gov). Bureau of Managed Care or Insurance Department staff will work with you and your IT team to address any access issues.

**I. ENROLLMENT DATA**

NOTE: For Q4, enrollment data required in this section is supplemental to information being reported on the Bureau’s Annual Report for the calendar year ending December 31. Be sure that the data being reported are consistent on both forms.

Membership by enrollment type - The enrollment numbers should be presented according to the following categories: individual, fully-insured small group, fully-insured large group, self-funded small group, self-funded large group, Medicare Advantage, Medicare Supplement, Children’s Health Insurance Program (CHIP), HealthChoices, Community HealthChoices.

NOTE: Behavioral HealthChoices is excluded from this reporting list.

Provide the following counts for each type:

- Total members at close of the previous quarter
- Additional members during the quarter being reported
- Terminated members during the quarter being reported
- Net change in members for the quarter being reported (Additions - Terminations)
- Total members at the close of the quarter being reported

## II. COMPLAINT, GRIEVANCE, AND ADVERSE BENEFIT DETERMINATION RESOLUTION SYSTEM

If there has been a substantive change since the last Annual Report filed, provide copies of the current enrollee literature, including subscription agreements, enrollee handbooks and any mass communications to enrollees concerning complaint and grievance rights and procedures in an **Attachment**.

Complaints, grievances, and adverse benefit determinations are to be reported according to their type, as follows.

Please note that these numbers should not include behavioral health complaints. These will be accounted for in section IV below.

### A. MEDICAID & CHIP COMPLAINTS SUMMARY – SINGLE-LEVEL INTERNAL APPEAL

Please identify these complaints for both internal and external levels in Table A broken out by reason for complaint:

- Not a covered service,
- Out-of-Network service not covered (for any reason), and
- Other

### B. MEDICAID & CHIP COMPLAINTS – TWO-LEVEL INTERNAL APPEAL

Please identify these Complaints for both internal and external levels in Table B broken out by reason for complaint:

- Quality,
- Network adequacy, and
- Other

Only complaints for which the formal complaint process is initiated should be included in the Quarterly Report. If the plan is able to resolve the issue prior to issuing a formal decision, the issue should not be counted as a complaint for reporting purposes. In circumstances where a formal complaint is filed and a decision is issued, the complaint should be included in the Quarterly Report. If the complaint is partially resolved by upholding a denial, the Quarterly Report should indicate that the case was an uphold for the plan.

Using the definitions below, complete Tables A and B:

- Filed this quarter: List the number of first-level (Tables A and B), second-level (Table B only), and external complaints (Tables A and B) filed by members during the reporting quarter.
- Withdrawn this quarter: List the number of first-level (Tables A and B), second-level (Table B only), and external complaints (Tables A and B) that were withdrawn by members during the reporting quarter.

- Decisions this quarter: List the number of decisions for first-level (Tables A and B), second-level (Table B only), and external complaints (Tables A and B) for the quarter, distinguishing between “overturned”, “upheld”, or “partially upheld”. Partially upheld decisions are decisions that resolve part of the issue (e.g., an increase in service hours is granted) but not all (e.g., all requested services hours are not granted).

#### C. MEDICAID & CHIP INTERNAL GRIEVANCE

Please identify these grievances in Table C.

#### D. MEDICAID & CHIP EXTERNAL GRIEVANCE

Please identify these grievances in Table D.

A Grievance for purposes of Act 146 of 2022 is a request by an enrollee, or a health care provider with the written consent of the enrollee, to have a managed care plan or certified utilization review entity (CRE) reconsider a decision solely concerning the medical necessity and appropriateness of a health care service. If the managed care plan is unable to resolve the matter, a grievance may be filed regarding the decision that does any of the following:

- Disapproves full or partial payment for a requested health service.
- Approves the provision of a requested health care service for a lesser scope or duration than requested.
- Disapproves payment of the provision of a requested health care service but approves payment for the provision of an alternative health care service.

Using the definitions below, complete Table C and D for the listed service categories.

- Filed this quarter: List the number of internal and external grievances, by service category, filed by members during the reporting quarter.
- Withdrawn this quarter: List the number of internal and external grievances, by service category, that were withdrawn by the member during the reporting quarter.
- Decisions this quarter: List the number of decisions for internal and external grievances, by service category for the quarter, distinguishing between “overturned”, “upheld”, or “partially upheld.” Partially upheld decisions are decisions that resolve part of the issue (e.g., an increase in service hours is granted) but not all (e.g., all requested services hours are not granted).

## Service Categories

- Personal Assistance Services: Services as set forth in the “Section 1915(c) Home and Community-Based Services Waiver” for Community HealthChoices, services aimed at assisting the participant to complete activities of daily living (ADLs) and instrumental activities of daily living (IADLs) that would be performed independently if the participant had no disability.
- Home Modification Services: Physical adaptations to the primary private residence of the participant, as specified in the participant's person-centered service plan (PCSP) and determined necessary in accordance with the participant’s assessment, to ensure the health, welfare and safety of the participant, and enable the participant to function with greater independence in the home. This includes primary egress into and out of the home, facilitating personal hygiene, and the ability to access common shared areas within the home.
- Other Home and Community-Based Services (HCBS): Waiver services (long-term services and supports) provided in the home or community, rather than an institution or isolated setting not already addressed in another service category.
- Skilled/Private Duty Nursing Services: Nursing and therapy that can only be performed by licensed nurses/professional or technical personnel.
- Dental Services: Diagnostic, preventive, or corrective procedures provided by or under the supervision of a dentist in the practice of his profession, including treatment of the teeth and associated structures of the oral cavity; and disease, injury, or impairment that may affect the oral or general health of the member.
- Level of Care: The intensity of effort required to diagnose, treat, preserve, or maintain an individual's physical or emotional status. Grievances for Level of Care are generally related to a reduction in amount, duration, or scope of services not already addressed in another service category. Examples of this would include denials for residential treatment facility or inpatient care.
- Out-of-Network: Services rendered by a provider who has not been credentialed by and does not have a signed Provider Agreement with a Physical Health Managed Care Organization.
- Experimental/Investigational: A procedure that deviates from customary standards of medical practice, is not routinely used in the medical or surgical treatment of a specific illness or condition or is not of proven medical value.
- Medical Procedures: A course of action intended to achieve a result in the care of persons with health problems. Grievances for Medical Procedures are generally related to services denied due to lack of medical necessity or approval of a different, but similar service.

- Durable Medical Equipment: Items or devices that can withstand repeated use; which are used primarily and customarily to serve a medical purpose; which are customarily not useful to a person in the absence of illness or injury, and which are appropriate for home use.  
and  
Medical Supplies: Health care related items that are consumable, disposable, or cannot withstand repeated use by more than one individual, that are required to address an individual medical disability, illness, or injury.
- Pharmacy: Pharmaceutical services furnished directly to members by pharmacies, including authorizations for prescription drugs.
- Other: Denials for services not included in any other service category.

#### E. COMMERCIAL INSURER INTERNAL COMPLAINT

Please identify these Complaints for both internal and external levels in Table E broken out by reason for complaint:

- Quality,
- Network adequacy, and
- Other

#### F. COMMERCIAL INSURER INTERNAL APPEALS OF AN ADVERSE BENEFIT DETERMINATION

Please identify these appeals of adverse benefit determinations in Table F.

#### G. COMMERCIAL INSURER EXTERNAL APPEALS OF AN ADVERSE BENEFIT DETERMINATION

Please identify these appeals of adverse benefit determinations in Table G.

Using the definitions below, complete Tables F and G for the listed basis of adverse benefit determination.

Act 146 of 2022 defines an adverse benefit determination as the following:

(1) A determination by an insurer or a utilization review entity on behalf of an insurer that, based upon the information provided and upon application of utilization review, a request for a benefit under a health insurance policy does not meet the insurer's requirements for medical necessity, appropriateness, health care setting, level of care or effectiveness or is determined to be experimental or investigational, such that the requested benefit is therefore denied, reduced or terminated or payment is not provided or made, in whole or in part, for the benefit.

(2) The denial, reduction, termination or failure to provide or make payment, in whole or in part, for a benefit based on a determination by an insurer of a person's eligibility for coverage under a health insurance policy or noncompliance with an administrative policy.

(3) A rescission of coverage determination by an insurer.

Additionally, disputes regarding an insurer's compliance with the surprise billing and cost-sharing protections under sections 2799a-1 and 2799a-2 of the Public Health Service Act (58 Stat. 682, 42 U.S.C. § 300gg-19) and regulations promulgated there under, are eligible for an appeal of an adverse benefit determination.

### III. UTILIZATION DATA

Provide the following information regarding utilization.

#### A. INPATIENT UTILIZATION BY TYPE OF SERVICE

Complete the chart for each inpatient data element identified in the columns and for each type of inpatient service listed. These data should include the count of inpatient services received by the total membership during the quarter per 1,000 members (covered members).

Please note that the Utilization Data (Admissions per 1,000 members and Inpatient Days per 1,000 members) is based on covered members (not member months).

*The only calculation by member months is in the last column (Average Cost Per Member Per Month) of Table D in Section IV Behavioral Health.*

Admissions per 1,000 Members - Number of Admissions / 1,000 Covered Members

Total Patient Days Incurred - Count of Patient Days for admissions that were discharged within the quarter. Example: If admitted 3/30/24 and discharged 4/3/24, do not include these patient days in the 2024 1<sup>st</sup> Quarter Report.

Average Length of Stay - For discharges only. Calculate the LOS by dividing the total days by the number of admissions.

Inpatient Days per 1,000 Members/Quarter - Number of Inpatient Days / 1,000 Covered Members

Hospital admissions are divided into five basic types of services, based on the treatment modality:

- Medical - admissions which treat physical illnesses where no major surgical procedure is performed.
- Surgical - admissions which treat surgical procedures as the primary method for treatment.
- Obstetric - admissions pertaining to pregnancy and childbirth, as well as to maternal and

perinatal complications.

- Mental Health - admissions requiring treatment for psychiatric illnesses, such as depression, psychosis and anxiety. Do not include inpatient substance abuse treatments.
- Substance Use Disorder - admissions requiring treatment for substance use disorder. Additional substance abuse data is reported in Section IV.

Please note that for purposes of this section, “observation status” is not included in the definition of admission.

## B. OUTPATIENT UTILIZATION

Complete the chart for each type of outpatient encounter identified in columns and for each source of enrollment listed in each applicable row. These data should include the count of outpatient encounters experienced by the total membership during this quarter per 1,000 members. Outpatient encounters are defined as follows:

- Outpatient Services: health services provided to members who are not confined to a health care institution. Outpatient services are distinct from “inpatient” services.
- Encounter: a face-to-face contact, including telehealth encounters, between a member and a provider of health care services who exercises independent judgment in the care and provision of health service(s) to the member. Please note that for purposes of this section, “encounter” excludes immunizations.

Report outpatient encounters for the following service types:

- Primary Care – encounters provided by primary care providers only. This section should include encounters by members with their designated PCP or a provider who is eligible to be designated as a PCP.
- Specialty Care – encounters provided by specialist physicians.
- Mental Health Services – services provided for the treatment of conditions or diagnoses relating to the emotional, psychological, and social well-being of an individual.
- Substance Use Disorder (SUD) Services – services provided for the treatment of conditions or diagnoses relating to drug or alcohol dependency or other substance use disorder.

## C. EMERGENCY SERVICES

List the number of claims for emergency health delivery services including emergency physician and hospital costs incurred by plan members. Report emergency service claims as in-area or out-of-area. For purposes of this section, “in-area” refers to the plan’s defined service delivery area. All other areas are “out-of-area.” The Received/Total should be the sum of the claims Paid, Pending, and Rejected. Please note, this section does not refer to the plan’s network.

Provide a copy of the plan’s definition of what constitutes “emergency” as well as a definition of “out-of-area” services as an **Attachment**.



#### D. OUT-OF-NETWORK AUTHORIZATIONS/REFERRALS

For both outpatient and inpatient services provided by out-of-network providers (or at out-of-network facilities) provide:

- The number of requests received for authorization (total).
- The number of referrals/authorizations granted/approved; and
- The number of referrals/authorizations denied.
- The number of referrals pending.

### IV. BEHAVIORAL HEALTH

For purposes of this section, behavioral health refers to both mental health and substance use disorder.

- A. Provide complaint and grievance information for all behavioral health claims broken out by mental health and substance use disorder claims.
- B. Provide substance use disorder treatment data. References to covered individuals are the total number of unique members enrolled during the quarter.

Number of Members - Provide number of members treated during the quarter for substance use disorder in Inpatient Non-Hospital Detox, Nonhospital Residential/Inpatient, Partial Hospitalization/Intensive Outpatient and Outpatient facilities.

Visits per 1,000 Members - Provide the number of visits by members under substance use disorder treatment for Partial Hospitalization/Intensive Outpatient or Outpatient facilities during the quarter for each one thousand covered individuals.

Admissions per 1,000 Members - Provide the total number of Inpatient Non-Hospital Detox and Non-Hospital Residential/Inpatient admissions by plan member during the quarter for each one thousand covered individuals.

Days per 1,000 Members/Year (Inpatient) - Provide the total number of Inpatient Non-Hospital Detox and Non-Hospital Residential/Inpatient days by plan members during the quarter for each one thousand covered individuals.

Average Length of Stay (LOS) - Calculate the LOS by dividing the total Inpatient Non-Hospital Detox and Non-Hospital Residential/Inpatient days by the number of members.

Per Member Per Month (PMPM) Costs - Provide the average PMPM costs for each category of service. *This is the only calculation by member months.*

### V. PROVIDER NETWORK

Provide the Plan's network in the format most recently submitted to the applicable regulatory body as an **Attachment**. For Medicaid and CHIP products, use formats submitted to the

Department of Human Services. For commercial products, use formats submitted to the Insurance Department or its delegated contractor.

## VI. CERTIFICATION

This report must be signed by both the **Plan Medical Director and Chief Executive Officer**, certifying the accuracy and completeness of the report. Signature is required for local plan executives, not corporate administrators, where applicable.

If you have any questions regarding the completion of the Insurer or MA or CHIP Managed Care Plan's Quarterly Report, please contact the Bureau of Managed Care at: [RA-INBURMNGDCAREPRDR@pa.gov](mailto:RA-INBURMNGDCAREPRDR@pa.gov) or (717) 787-4192.